

# Love Your Body Week

February 4 - 8, 2008

## Adios Barbie Revisited: A new look at Latinas and Body Image

Monday, February 4, 2008. 12:00 pm - 1:00 pm. 234/235 Brady Commons.  
Presented by Monique Mendoza, MEd.

Last year, we brought you Adios Barbie – an in-depth discussion on Latina body image. This year, our discussion continues with new information and initiatives that will help us understand this growing population. EVERYONE is welcome and encouraged to attend this event. **Lunch will be provided to the first 25 people.**

## Queer in the Mirror: Intersections of Eating Disorders and Homophobia

Tuesday, February 5, 2008. 12:30 pm - 1:30 pm. 234/235 Brady Commons.

Presented by John Faughn.

Join John Faughn, LGBT Resource Center Coordinator, as he presents on body image issues in the LGBTQ community. **Lunch will be provided to the first 25 people.**

## Let Me Play!: The History of Women in Sports

Wednesday, February 6, 2008. 12:00 pm - 1:00 pm. 234/235 Brady Commons.

Presented by Struby Struble.

Did you know that between Title IX's instatement in 1971 and 2002, the number of girls participating in varsity high school sports increased almost 1000%? Come join us for this program on the history of women in sports, where we'll learn more fun facts, explain Title IX, watch movie clips, and discuss the place of women in sports for the past, present and future. **Lunch will be provided to the first 25 people.**

## “Do I look FAT?”: Confronting Fat Phobia in the Media and in Our Lives.

Thursday, February 7, 2008. 12:30 pm - 1:30 pm. 234/235 Brady Commons.

Presented by Katie Blair.

Join Katie Blair from the MU Women's Center as she explores what it means to be fat in today's society and debunk myths associated with being fat. She will discuss why it is important to confront those messages and provide strategies to combat fat phobia in our everyday lives. Sponsored by the MU Women's Center. **Lunch will be provided to the first 25 people.**

## What is Normal Eating?

Friday, February 8, 2008. 12:00 pm - 1:00 pm. 234/235 Brady Commons.

Presented by Molly Vetter-Smith, MEd, RD, LD.

This program will discuss what it means to actually eat “normally,” and how to break away from dieting and/or restriction and move towards a healthier relationship with food. After all, what, when and how much we eat is determined by more than just our hunger; it is influenced by our emotions, schedule, and access to food. **Lunch will be provided to the first 25 people.**

For more information, check out [loveyourbody.missouri.edu](http://loveyourbody.missouri.edu)

